

Onsite FCN Clinical Course Outline

Table of Contents

GENERAL COURSE INFORMATION	2
COURSE DESCRIPTION	2
PREREQUISITES.....	2
<i>FCN Theory</i>	2
<i>Non-restricted Nursing Registration/License</i>	2
<i>Safety and Ethics</i>	2
<i>Insurance/ID</i>	3
REQUIRED READING	3
CREDIT	3
FCN CLINICAL LESSON PLAN EXAMPLE (43HRS)	3
EVALUATION	5
<i>Clinical Performance Standards</i>	5
<i>Passing Grade</i>	5
<i>Clinical Performance Evaluation</i>	6
<i>Interpretation of Final Grades</i>	7
LOCATION-SPECIFIC COURSE INFORMATION.....	8
LOCATION:	8
EDUCATOR CONTACT INFORMATION:	8
TUITION:.....	9
WHAT IS INCLUDED IN TUITION?.....	9
• 43 HOURS OF CLINICAL (INCLUDES 21.5 HOURS ADVANCED NURSING FOOT CARE SKILLS, 18.5 HOURS OF CLINICAL PRACTICE SKILLS AND 3 HOURS OF MENTORSHIP).....	9
• A CERTIFICATE OF COMPLETION ON SUCCESSFULLY MEETING MINIMUM REQUIREMENTS OF THE COURSE.	9
PAYMENT METHODS:.....	9
EXPENSES NOT INCLUDED IN TUITION:.....	9
REFUNDS, CONDITIONAL ACCEPTANCE AND COURSE CANCELATION POLICY:	12
PRIVACY AND CONFIDENTIALITY STANDARDS:.....	12
DRESS CODE:.....	13
UNIQUE-TO-FACILITY DOCUMENTS AND FORMS:.....	13



General Course Information

Course Description

Total Hours: 43

The Foot Care Nurse Clinical course (formerly FCN Part 2) is designed for nurses (RN's, NP's, RPN's & LPN's) who have successfully completed the Online Foot Care Nurse Theory course and are ready to practise their Foot Care Nurse skills onsite with the guidance and supervision of a Foot Care Nurse Educator. The course uses the Canadian Association of Foot Care Nurses' National Competencies for Advanced Nursing Foot Care in Canada (2017) as Clinical Performance Standards and teaches a comprehensive, advanced and diabetic nursing foot care curriculum, which follows current best practice guidelines and evidence-based practice. This course provides in-person clinical foot care nurse skills development and mentorship. Together, both the FCN Theory and FCN Clinical courses are designed to prepare participants to function as a Foot Care Nurse within a health care team.

Foot Canada Training FCN Clinical Course Curriculum – The Foot Care Nurse Clinical course was developed by Foot Canada Training and is administered by Foot Care Nurse Educators, health agencies, colleges and universities who have a license to access and use Foot Canada Training's curriculum. Education providers teach and administer FCN Clinical independently from Foot Canada Training. Each of these education providers have access to the same standardized peer-reviewed education guidelines, teaching materials and suggested FCN Clinical Course Outline. Please visit the Clinical Education Providers' page of the Foot Canada Training website for a list of FCN Clinical education providers using the Foot Canada Training curriculum.

Prerequisites

FCN Theory

Applicants are recommended to start the FCN Clinical course within 12 months of achieving a passing grade from the FCN Theory course.

Non-restricted Nursing Registration/License

Applicants hold a current non-restricted Nursing Registration/License (temporary or full) from the territory or province in which they will be taking the course.

Safety and Ethics

It is expected that nurses participating in this course will:

- follow all applicable legislation;
- use only the skills authorized within their scope of practice;



- demonstrate the entry-to-practice competencies, practice standards and guidelines established by their provincial or territorial regulatory body.
- Nurses who fail to adhere to the above, resulting in safety and/or ethical concerns, may be removed from the course at the Educator's discretion and marked as Incomplete. Re-entry to the course may or may not be possible based on the Educator's recommendations. Remedial assignment(s) and additional fees may be applicable.

Insurance/ID

Each student are to bring a printed copy of the following on the first day of class:

- Proof of personal protective insurance (malpractice insurance).
- Current government issued photo ID.

Required Reading

Students are expected to obtain the following:

- Lazenby, Cindy. LM. (2017) Art & Science of Foot Care: A Clinical Resource for Nurses in Canada.
- Canadian Association of Foot Care Nurses National Competencies for Advanced Nursing Foot Care in Canada (2017). Canada: CAFCN.
- Student Guide: a Student Guide will be provided to the student once fully registered, which how to prepare prior to the course, including links to additional required reading.

Credit

Students meeting the minimum passing grade requirement will be provided with a Certificate of Completion from their education provider.

FCN Clinical Lesson Plan Example (43hrs)

Mentorship (hours 3) - Students may observe their FCN Clinical Lead Educator or one of the FCN Clinical Preceptors performing 2 nursing foot care clinical appointments. These mentorship hours are to be completed during the hours of the FCN Clinical.-

Advance Nursing Foot Care Skills (21.5 hours) - This portion of the course may be taught in a nursing lab or foot care clinical setting and covers all advanced nursing foot care skills required to complete FCN Clinical, including: risk assessments, treatment, development of individualized treatment plans, referrals and health education. Students may be guided to simulate step by step practical hands on skills on 2 volunteer clients each.



Clinical Skills (18.5 hours) - This portion of the course may be offered in a clinical care setting and provides students with clinical experience with 10 -13 volunteer clients.

Evaluation

Clinical Performance Standards

The 7 Domains of CAFCN's National Competencies for Advanced Nursing Foot Care in Canada (2017) are used as Clinical Performance Standards for FCN Clinical which are recommended as the minimum set of skills and knowledge required to competently practise as a Foot Care Nurse.

7 Domains of CAFCN's National Competencies for Advanced Nursing Foot Care in Canada (2017)	
1.	a) Knowledge-Based Practice: Theory
1.	b) Knowledge-Based Practice: Practice
2.	Risk Assessment & Health Promotion
3.	Quality Practice
4.	Professional Communication and Relationship
5.	Coordination and Collaboration
6.	Advocacy
7.	Ethical Practice

This course emphasizes professional accountability through resourceful and self-directed learning. Skills and knowledge will be evaluated by the student, their peers, and the Educator.

Evaluation is continuous and will consist of formative and summative methods, including step-by-step guided-learning exercises and return demonstrations. There will be an emphasis on self-evaluation with the use of a personal learning plan, pre and post-tests and reflective practice.

All students are encouraged to develop a Personal Learning Plan with S.M.A.R.T. goals on exit from the FCN Clinical course that includes Clinical Performance Standards for which they did not receive a full mark.

Passing Grade

Students achieving a final grade of Satisfactory (S) by Day 6 are considered to have met the Clinical Performance Standards for FCN Clinical at an entry level.

Clinical Performance Evaluation

Definition	Detail of Performance
Satisfactory (S)	<p>Performance meets minimum Clinical Performance Standards:</p> <ul style="list-style-type: none"> ● <u>Day 1-4</u>: Consistently demonstrates progression towards the achievement of Clinical Learning Outcomes as evidence by integration of established Clinical Performance Standards within clinical performance. Needs Improvement (NI) is used as a warning before progression to Unsatisfactory (U) if no subsequent improvement noted. ● <u>Day 5-6</u>: Clinical Learning Outcomes achieved as evidence by integration of established Clinical Performance Standards within clinical performance.
Unsatisfactory (U)	<p>Performance does not meet minimum Clinical Performance Standards:</p> <ul style="list-style-type: none"> ● <u>Day 1-4</u>: Not achieving progression towards the achievement of Clinical Learning Outcomes as evidence by an inconsistent or deficient integration of established Clinical Performance Standards within clinical performance. Student will be asked to develop a plan for improvement within the 2 last days. ● <u>Day 5-6</u>: <ul style="list-style-type: none"> 1. Clinical Learning Outcomes remains unachieved with inconsistent or deficient integration of established Clinical Performance Standards within clinical performance, as measured by: <ul style="list-style-type: none"> ● 2 U's under one Learning Outcome <p style="text-align: center;"><u>Or</u></p> <ul style="list-style-type: none"> ● 3 U's under different Learning Outcomes <p style="text-align: center;"><u>Or</u></p> 2. 1 single CRITICAL EVENT: <p>Defined as, but not limited to:</p> <ul style="list-style-type: none"> ● A dangerous action that injures or has the potential to injure ● Illegal or unethical behaviour ● Impaired behaviour due to alcohol or drugs



Absent for 1 hour or more - Students may be marked as 'Incomplete' for missing a cumulative total of an hour or more of FCN Clinical, and may have to register for FCN Clinical a second time to complete the course, or may be offered remedial arrangements to make up the time missed at the Educator's discretion. Additional fees may be applicable.

Interpretation of Final Grades

Final Grade Satisfactory (S) (Pass)

- Competent - Meets expectations for Clinical Performance Standards.
- Recommendation - Practice within an agency with an onsite mentor or an easily accessible mentor, for a minimum of two years.

Final Grade Unsatisfactory (U) (Fail)

- Not Competent - Does not meet Clinical Performance Standards effectively or consistently.
- Recommendation - The student cannot practise foot care. Recommended to get remedial assistance prior to applying for re-entry to the course.

Final Grade (Incomplete)

- Not Competent – Student was absent for a portion of the course resulting in skill development and/or skill assessment being incomplete.
- Recommendation - The student cannot practise foot care. Student may have to make remedial arrangements with their FCN Clinical location or re-take FCN Clinical. Note that additional fees may be applicable.



Location-Specific Course Information

Course dates and times:

- Students can enrol at any time, with exact clinical dates to be organized and agreed upon between Educator, student and confirmed with location.
- Clinical is scheduled one-on-one with each student.
- Clinical Hours: 8am-430pm (approximately)
- 5 days of Clinical
- Clinical offered privately (one-on-one). If an organization is interested in group options, please contact Kirsten for more information.

Location:

- **Halifax, Nova Scotia**
 - North End Community Health Centre - Mobile Outreach Street Health (MOSH), 2131 Gottingen Street, Halifax NS, B3K 5Z7
- Alternate locations:
 - Coming in 2024: Clinical location in Cumberland County.
 - Arrangements may be made but are not guaranteed.
 - If a student or organization wishes to arrange clinical at their place of work, please discuss with Kirsten's Foot Care. For cases where the Educator (or student) must pay for accommodation and/or travel for this alternate location, this would be at the students or organizations expense.

Educator Contact Information:

- Kirsten Hansen, LPN
- Advanced Foot Care Nurse, Foot Care Nurse Educator, and Sole Proprietor of Kirsten's Foot Care
- Email: info@kirstensfootcare.ca
- Phone: 902-719-8711 (call or text)

Onsite FCN Theory Course Prerequisite:

- Foot Canada Training requires that all nurses registering for this course first complete Foot Canada Training's Online Foot Care Nurse Theory Course, prior to starting the Onsite FCN Clinical course to ensure that students acquire a strong theoretical foundation. To register and for more information about the FCN Theory course, please visit the [FCN Theory course page](#) on the Foot Canada Training website.



Tuition:

- **Bundle - Theory + Clinical:** \$3775 (with HST)
- **Clinical Only:** \$2975 (with HST)
- Theory Only: \$800

What is included in tuition?

- 43 hours of clinical (includes 21.5 hours advanced nursing foot care skills, 18.5 hours of clinical practice skills and 3 hours of mentorship).
- A certificate of completion on successfully meeting minimum requirements of the course.
- Use of sterile instruments, supplies, equipment and resources.
- Access to the Foot Care Terminology Bootcamp (clinical students of Kirsten's Foot Care)
- One-on-one session to discuss business basics with the Educator after successful completion of the program (clinical students of Kirsten's Foot Care).

Payment methods:

- E-transfer
- Credit card*
- Tuition payment options: Tuition payment may be broken into two payments *if paying as bundle only*. First payment is due prior to beginning the FCN Online Theory, and the second due prior to confirming scheduling of the students FCN Clinical.

* \$90 transaction fee applies to credit card payments.

Expenses not included in tuition:

- **TEXTBOOK:** [Lazenby, Cindy. LM. \(2017\) Art & Science of Foot Care: A Clinical Resource for Nurses in Canada](#) (available for purchase here)
- Food & Drink – Students are responsible for their own food and drinks each day; packed lunch highly recommended
- Costs for accommodation & travel to and from clinical and mentorship locations
- Parking
 - There is no parking available at 2131 Gottingen St. Paid parking can be found at 2019 Gottingen, with the parking lot entrance on Portland Place. Parking can be paid via the “Indigo Neo” app or via QR code onsite.



- Tuition for the FCN Theory course (if not purchased as a bundle)
- Requests outside of normal course activities or outside of educational, technical, and administrative support schedules or activities as per the course outline (such as requests for remedial assignments, course transcripts, third party correspondence, letters, deferrals, etc.).

Students are expected to arrive at clinical with a printed (or electronic) copy of the following:

- Personal protective insurance (malpractice insurance).
 - **PPL is included with a nurses Nova Scotia College of Nursing license.** Lloyd Saad for LPNs and Canadian Nurses Protective Society for RNs. If applying from out of province, please confirm with your regulatory body.
- Current FULL non-restricted Nursing Registration/License from Nursing Regulatory Body or Special Event Licensure from NSCN if from out of province.
- Hard copy government issued photo ID.
- Student Evaluation document (pdf sent by email upon registration).
- Clinical Course Outline (link sent by email)
- CAFCN's [National Competencies for Advanced Nursing Foot Care in Canada \(2017\)](#)
- [Lazenby, Cindy. LM. \(2017\) Art & Science of Foot Care: A Clinical Resource for Nurses in Canada](#)

Student Equipment, Instruments and Supplies:

The required supplies are available for purchase through [CPC Health Care](#). These are not included due to individual sizing for each student.

- 1 box of non-latex powder free gloves
- N95 masks

CPC Health Care

Contact: Cathy Silcox

Phone: 1-519-686-2723 (*Recommended to contact Cathy by phone, not email*)



An *OPTIONAL "kit"* may also be purchased (or items individually) from CPC Health Care that would include the following:

- N95 masks (1 box)
- *Aloe Touch Exam Gloves*
- Disposable Isolation Gowns (10/pack)
- Footlogix DD Cream Mousse Formula
- Footlogix Professional Callus Softener
- Footlogix professional foot file
- Ingrown nail file straight and curved
- Nipper Standard Jaw D/S 5"
- Diamond Small Bud
- Diamond Rounded Taper
- Carbide Bud, Medium Cross Cut
- Sanding Bands 1/4" Fine Grit
- Sanding Bands 1/4" Medium Grit
- Easy-Off Stainless Steel Mandrel
- Disposable Scalpels, Sterile #15
- Orange Sticks
- Disposable Nail Files
- Dental bibs
- Monofilaments (disposable)
- Susol Single Use Instruments and Burrs (*instead of purchasing reusable*)

Please note that only gloves and masks are required for clinical.

During clinical, students will have access to:

- Sterile Instruments
- Sterile Burrs
- Additional PPE
- Rotary files (with and without vacuum)
- Scalpels
- Padding and offloading supplies
- Basic wound care supplies
- Blood pressure cuff
- Infrared thermometer
- 8mgHz Doppler
- Goniometre
- Monofilaments



- Tuning Fork
- Central Bibs
- Nail files
- And more

Refunds, Conditional Acceptance and Course Cancellation Policy:

- **Should you wish to withdraw, tuition is non-refundable and cannot be deferred.**
 - o Extenuating circumstances: If a student needs to defer clinical once it has been scheduled and confirmed, this can be reviewed on a case by case basis. Note a rescheduling fee will apply.
- Tuition is allocated towards course expenses from the date of receipt, including room bookings, team hires and coordinating pre-course activities such as volunteer client bookings, etc. It is the student's responsibility to attend this course in its entirety for the dates and times registered to receive their final mark and certificate.
- Applicants currently registered in the FCN Theory course and meeting all other course prerequisites will be accepted to this course on a conditional basis that they successfully complete the [FCN Theory course](#) and provide a copy of their certificate prior to the start of the FCN Clinical course. If the applicant does not pass the [FCN Theory course](#) prior to the start of the FCN Clinical course, the applicant will be provided with a choice to receive a refund for FCN Clinical or defer their tuition to the next available City FCN Clinical.
- If Kirsten's Foot Care cancels the FCN Clinical course due to low enrolment or any other unexpected reason, students will be informed and will receive a full refund.

Privacy and Confidentiality Standards:

- All student information is kept in a locked filing cabinet or secure hard drive at Kirsten's Foot Care's home office.
- All client information obtained is confidential, and consent forms are signed prior to all treatments.
- All students must sign a confidentiality agreement prior to start of clinical. Students are not to take home any client information, and no photos without expressed consent from the client. The student is not to use their cell phone during clinical, however it may be used during breaks. No client information is to be discussed between anyone but the client, the student, and the educator.



Dress Code:

- Scrubs/uniforms and closed toe and heel shoes, hair up and off shoulders and face.
- Surgical cap
- Bring your smile! You will have lots of fun learning new skills.

Unique-to-Facility Documents and Forms:

- Students are to review the following documents and forms, then email a scan or copy of this page to their Education Provider.

Unique-to-Facility Documents & Forms	
1.	Confidentiality Agreements (Clinic and Kirsten's Foot Care)
2.	Proof of vaccinations (including COVID-19)
3.	Photo Agreement

In signing this document, I confirm that I have read this Onsite FCN Clinical Course Outline, reviewed location-specific course information and read all additional location-specific forms/documents listed above.

Student Signature

Student Name

Date